

Biography

Tom Rau, Co-Executive Producer “The Embrace of Aging”- the male perspective of growing old

Tom was born and raised in New Jersey, 1951, a time when life seemed simpler; when a gallon of gas cost .19¢ and TV’s most popular show was ‘I Love Lucy.’

Tom has been married to Sue for 41 years. Tom and Sue met in the church Nursery as toddlers in New Jersey back in the early fifties. They have four grown children: Kevin, 35, (works in the IT world) and is married to Jackie; Ryan (a professional triathlete), who has his own training business; Jay, 27, who works as an actor in Hollywood; and Shannon, 24, who is partners with her dad in the organic farm business.



Tom lived in Virginia from 1970 – 1985, attended Virginia Polytechnic Institute and State University where he received his Bachelor of Science, Biology degree in 1973 and Master of Science, Biology in 1977.

From 1980 – 1983, Tom was on the Board of Directors with the Virginia Health Care Association and continues to be on the Advisory Board-Area Agency on Aging-1B to this day. In 1985, Tom moved to Michigan.

Throughout his professional career from 1976 to 1997, Tom held various positions as administrator of numerous medical facilities in Virginia to Vice President of Operations, responsible for long term care facilities in Southeastern Michigan.

Today, Tom is the CEO/Owner of NexCare Health Systems, operating seventeen skilled nursing and rehabilitation centers in Michigan and also manages one facility for Project Compassion, Inc., a faith-based Lutheran non-profit company.

He is also the owner of Integrity Rehab Services, a rehabilitation company that provides services to long term care facilities; Stone Coop Farm, an organic CSA (community supported agriculture) and Hamburg Fitness Center and Camp, all of which are located in Brighton, MI.

Tom has thirty years of extensive and progressive operating experience in long-term health care. He effectively directed, managed and administered large, 360-bed, unionized facilities in the inner city of Detroit and small rural facilities in the South. He developed and controlled budgets in the millions and further enhanced financial expertise while serving on the reimbursement committees for three state health care associations. He also assisted and developed C.O.N.’s, coordinated construction and opened new facilities.

Tom’s active lifestyle (running, biking, hiking, swimming, not to mention being a winter sports enthusiast) is the result of his passion and dedication for good health and for the film *The Embrace of Aging*, produced by Visionalist Entertainment Productions and ten-time Emmy winning producer/director Keith Famie.